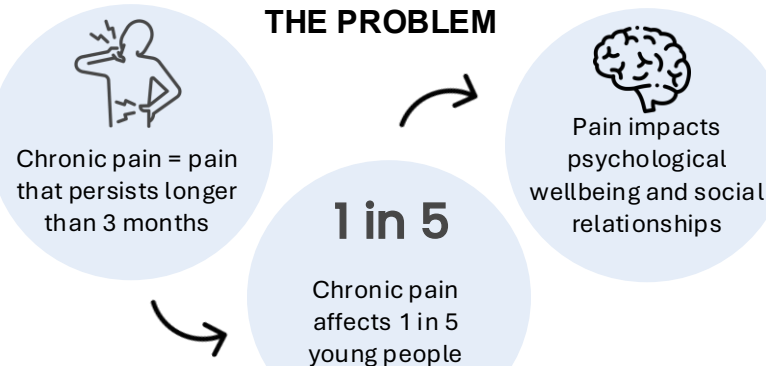


The impact of chronic pain on the psychological and social wellbeing of young people

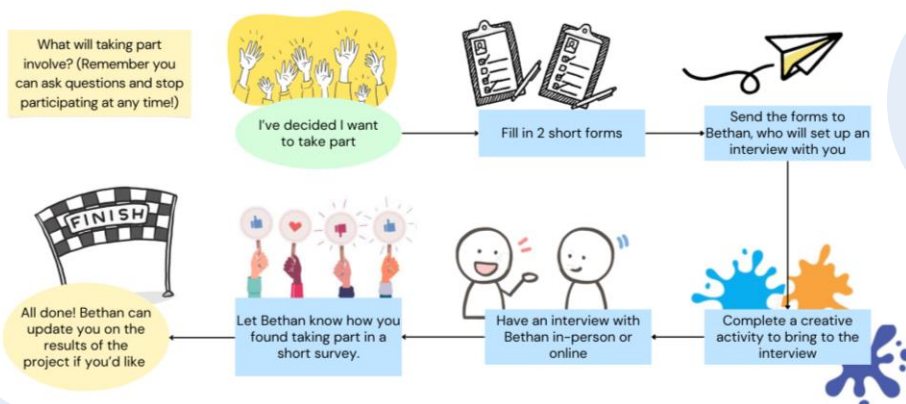
Bethan K C Spencer (2nd Year PhD Student), University of Leeds: umbkcs@leeds.ac.uk
Supervisors: Dr Simon Pini, Dr Matt Mulvey, Dr David Turgoose PI: Dr Sarah Marley

THE PROBLEM

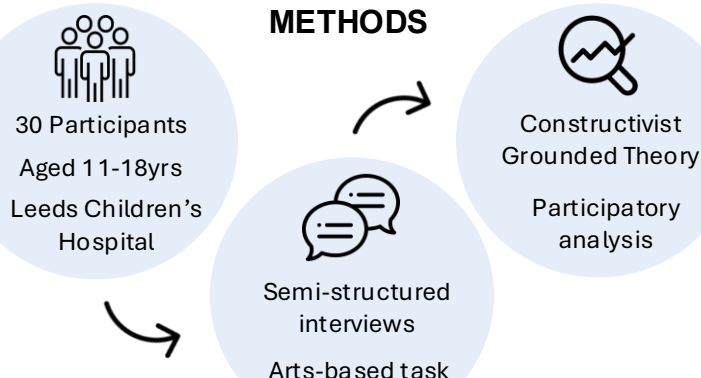


This study aims to develop a theory of how adolescents understand, communicate and live with chronic pain, and how pain interacts with psychological wellbeing and social relationships.

PARTICIPANT PROCESS



METHODS



4 PARTICIPATORY ANALYSIS WORKSHOPS

- 1 Open Coding
- 2 Focused Coding
- 3 Theoretical Coding
- 4 Finalising Theory

ANTICIPATED IMPACT



For young people
Centres lived experiences of young people. Amplifies often unheard perspectives on pain, stigma, and social wellbeing.

For NHS Services
Improves understanding of how young people communicate and make sense of pain. Supports holistic, developmentally sensitive care.



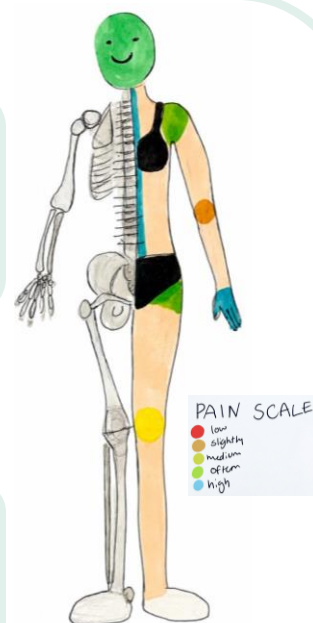
For research
Generates substantive theory of adolescent chronic pain experiences. Advances understanding of relationships between pain, psychological distress and social functioning.

'DAISY'S' EXPERIENCE

"The pain is constant... no matter what is happening, I'm always in pain... And because it's so exhausting... I don't talk about it very much anymore."

"No one believes it if you can't see it, so it just feels like I'm a liar."

"I quit synchro because I couldn't do it anymore, I quit ballet because I couldn't do that anymore, and I quit school"



Drawing by Daisy (aged 16)

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